



EVERY 3rd Saturday
ACA SPEAKERS MEETING

Shifting

As you are shifting, you will begin to realize that you are not the same person you used to be. The things you used to tolerate have become intolerable. When you once remained quiet, you are now speaking your truth. Where you once battled and argued, you are now choosing to remain silent. You are beginning to understand the value of your voice and there are some situations that no longer deserve your time, energy, and focus.

FEATURING:

Travis J. and Shauna T.

October 16th 2021 @ 7:00 PM!!

**WHERE: Mt Tabor United Methodist Church
6161 SE Stark St., Portland, OR 97215**

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Come join us to hear fellow traveler's stories and journey. There will be an auction and (social distant) socializing!! All Welcomed!!

Call or text Arlene M at 360-771-9203 with any and all questions. (Sign up to be speaker also!) Masks will be required at this time.