

# ACA Oregon Intergroup

November 11, 2024

Attending: David, Ren, Jerry, Peter, Phoenix

Notes recorded by: Ren

Meeting started at 6:05pm

## Tradition Two Meditation

“Higher Power. I understand that you make your voice heard in a group conscience. I ask you to remind me that the life of my program and, therefore, my own recovery depends upon my willingness to put the group’s welfare above my own will . Where I disagree with the common view of my fellows in service, allow me to state my case honestly and respectfully. Allow me to listen to and consider the views of others. May I state my view and support all group decisions, including the ones I might disagree with. Your will, not mine, be done.”

## Last Month

- New Thursday Meeting
- Speaker’s Meeting
- Halloween Dance
- Thanksgiving Breakfast
- Retreat Planning
- Website Updates

## This Month

- Update rent amount for the Awareness, Courage, Action meeting from \$150 a month to \$155 a month
- October meeting minutes approved

## Treasury Report

### Intergroup Funds

- **\$1924.82 Reserve**
  - Income:
    - \$175.00 donation from Awareness, Courage, Action
    - \$13.57 donation from Hurting to Healing
    - \$150.20 Halloween Dance donations
  - Expenses:
    - \$100 for Halloween Dance as donation to Peninsula Odd Fellows Lodge
    - \$20 for BRB donation to Thursday Treehouse Meeting
    - \$68.83 refreshment costs for the Halloween Dance

### Retreat Funds

- **\$2724.24 Reserve**
  - No change from last month

## Literature Funds

- **\$1680 Reserve**
  - Literature purchase in process for \$1500.52 with Intergroup discount (Full retail: ~\$2000)

Treasury Report Approved

## Meeting Report

- Monday - **True Selves**
  - 15-20 attendees a week
  - Rent is paid
    - Contacted the current treasurer
    - They're paying in 2 month increments
  - Election for service positions in January
    - Amber approved for 2025 Secretary
  - Continuing to work on leading shares to focus on the Solution, not the Problem
  - Work in progress for upcoming assigned topic meeting calendar
- Wednesday - **Gentleness, Humor, Love, and Respect**
  - 5 - 15 attendees a week
  - Newcomers attending, some returning
  - Rent is being paid
  - Openings for service roles
  - Will be discussing specific script updates at the upcoming December business meeting
- Wednesday - **From Hurting to Healing**
  - 20+ weekly attendees
  - Book study in meeting fellowship is going strong
  - Lots of literature being purchased
  - Members are interested in volunteering for open Intergroup Service positions
    - Is there an opening for an Event service person?
      - Discussion:
        - This question came from the Event Planning Meeting held in May
        - There isn't a service role assigned to handle these duties specifically
        - Events can be planned and held by anyone in the fellowship
        - Someone could volunteer to fill a role like this and help ACA members and Intergroup with events
        - Have them come to Intergroup for more information
- Thursday - **Rainbow Travelers**
  - Venue moved from Unity Spiritual Center to Multnomah Friends Meeting
    - New meeting space is working much better
  - Attendance, treasury and service still strong
  - Newcomers are returning
  - Meetings has a group chat for outreach calls and fellowship activities
  - Offering WSO coins for members as well as coins crafted by members
- Thursday - **Treehouse Meeting**
  - 6 attendees a week
  - Six meetings held so far
  - Rent for November is paid
    - Rent increasing to \$30 a meeting in December

- 7th tradition unstable, donations of \$15 last week
- Looking for signage at to direct people to the meeting
- Interested in offering literature and pamphlets at meeting
  - Ren will send more information about free literature options to Peter
- Motion approved to donate ten newcomer coins and Breaking the Bonds pamphlets to the Treehouse Meeting from Intergroup
- **Saturday - Awareness, Courage, Action**
  - 30+ weekly attendees
  - Newcomers are returning to the meeting
  - Treasury continues to be strong
    - Monthly rent: \$155
    - Donation to Intergroup recently submitted
  - The monthly business meeting is lacking structure
    - It's currently challenging to get essential meeting business done

## Events

- **Speaker's Meeting**
  - Speakers scheduled for November
  - Still considering how to fill open speaker slots
    - Bring speakers from outside of Portland
    - Hire ACA Speakers from out of town
    - Continue "double-dipping" from previous speaker roster
  - Goals: higher participation and attendance at Speaker Meetings
  - Discussion: potential format changes for Speaker Meetings
    - Create more explicit expectations for speaker's time limit, structure, and topic
    - Assign topics for speakers
  - ACA Speaker's Meetings have been occurring in this format for 3 years
    - Discussion and potential changes should be made with those responsible for managing the Speakers meeting present
    - A Speaker's Meeting committee could be formed, but does not exist at the moment
    - Mike and Kerry took on the responsibilities to continue holding this meeting in 2024
      - Meeting lapsed in November and December 2023 due to lack of speakers and service volunteers
  - Tabor Heights United Methodist Church needs to be vacated by 9pm
- **Halloween Dance**
  - 40+ attendees
  - Great location, great costumes
  - Lots of dancing, snacking, talking, and board games
  - Donated \$100 to Peninsula Odd Fellows rather than the planned for \$200
- **Feelings and Needs Workshop**
  - Workshop will run for 2 hours
  - Interactive, fun, hands on
  - Focused on compassionate communication
  - Requesting \$20 for cost of photocopies and a white board
  - Funded \$250 for rent, supplies, outreach, etc. by Intergroup; unanimous vote
  - David will request for open dates in January of February 2025

- Will try to schedule from 2pm-4pm on Saturday after the Awareness, Courage, Action meeting
- **Thanksgiving Breakfast**
  - Shiloh Inn is closed, will need to locate another venue
- **Retreat**
  - Ren has not yet posted the Retreat Interest Survey results to the website or reached out to form a Retreat Committee
  - A first committee meeting will need to be scheduled and mindful of the holiday season busyness

## Website

- Ren is looking to post the most recent edition of Breaking the Bonds to the website
- David has a copy and will send this to Ren for posting and archival
  - Current copy on the website is old and out of date

## Other Business

- Service in ACA
  - How can we encourage more service in the ACA Fellowship?
    - Announce in meetings that service is needed
    - Importance of service as stated in the Big Red Book
  - Other programs tend to have service more central to their overall program work

*Meeting Closed at 6:59 pm*